

Please submit by:

THIS INFORMATION IS CONFIDENTIAL

Date submitted:

**Certification for Medical Meals must be completed by Healthcare Provider and returned to Open Hand Client Services at:
Phone: 404-872-6947 Fax: 770-234-3898**

Patient Name: _____

Address: _____

Phone Number: _____ **Email:** _____

Date of Birth: _____ **SS #** _____ - _____ - _____
(mm/dd/year)

Date of Last Medical Appointment: _____
(within 6 months)

I certify that this patient is under my care for the following:

AIDS or HIV diagnosis CD4: _____ Viral Load: _____

AND one or more of the following nutrition-related problems:
(Prepared meals for 6 months, with 6-month reassessment required)

- Inadequate intake and/or poor absorption of nutrients due to medical condition
- AIDS wasting syndrome or lipodystrophy
- Unintentional weight loss $\geq 5\%$ in past 6 months
- Altered nutrient metabolism due to:
 - CKD (GFR < 60 mL/min./1.73m²)
 - Uncontrolled diabetes (A1C $\geq 8\%$)
 - Hyperlipidemia (LDL ≥ 130 mg/dL; TG ≥ 150 mg/dL)

OR

- Patient requires palliative or end-of-life care
(Prepared meals for 3 months, with 3-month reassessment required)
- Severely restricted in ADLs such that patient is unable to shop for food and prepare meals
(Prepared meals for 3 months, with 3-month reassessment required)
- Restricted in ADLs such that patient is unable to shop for food but is able to prepare meals
(Pantry program for 3 months *or* 6 months, with 3-month / 6-month reassessment required)

OR

- Patient's health has improved and he/she no longer requires meals and/or pantry support
 - Patient to participate in nutrition education and on-going coaching as part of his/her disease self-management program
 - Patient to be referred to clinic registered dietitian for Medical Nutrition Therapy (MNT)

Medical Provider: (name and title) _____

Medical Provider Signature: _____

Health Care Agency or Facility: _____

Address: _____

Phone: _____ **Fax:** _____

Client Release

Client Signature: _____ **Date:** _____

By signing above, I give permission for the release of my medical information specifically for the purposes of receiving nutrition-related services from Open Hand/Atlanta. I understand that my signature will be required every 3 months or 6 months, as indicated above by my medical provider, for recertification. **I also commit to staying actively involved in my own health and disease management.**